



STUDENT/PARENT ATHLETIC HANDBOOK

MESSAGE TO PARENTS AND STUDENT ATHLETES

This handbook is presented to you because your son or daughter has indicated a desire to participate in interscholastic athletics, and you have expressed your willingness to permit him/her to compete. We are pleased with your interest in the athletic program. We believe that a comprehensive program of student activities is vital to the educational development of our students.

Participating in an athletic program is a privilege. As an athlete, you are held to higher standards in the classroom, on the field and in the community. You are representing many people, including past athletes, your family, the community, the school, your coaches and fellow athletes. Your involvement in athletics can be very rewarding.

As an athlete, you have to carry yourself with tremendous pride. You must wear the uniform proudly. Your actions constantly reflect on others. You must realize that you are a role model for the younger members of the community. As an athlete, you have an opportunity to set a good example for those who follow you.

As students elect to participate, there are many questions that both you and your son/daughter may have regarding the athletic program. The purpose of this handbook is to answer as many questions about the policies of the program as possible (i.e., keep students and parents informed as possible in order to assist in making the athletic experience a positive one for our student athletes). We are hopeful that this handbook will be of assistance to you as your child participates in the athletic program.

Sincerely,

David Dennis Sr.
Athletic Director
Harvest Preparatory School

ABOUT HPS

Founded in 1986, Harvest Preparatory School (HPS) was started in an effort to build a Christ-centered educational system in the Columbus, Ohio area. **Harvest Preparatory School's purpose is to increase students' educational opportunities through a standard of excellence, a Christian commitment and a passion for success.**

HPS trains children in a distinctive, Christian, private education. Harvest Prep develops a diverse student body academically, spiritually, emotionally, morally, socially and physically through the power of God and our highly trained and Spirit-filled faculty and staff.

We train each student in a full range of academics, including the core courses of language, literature, writing, math (through Calculus), science (through Chemistry & Physics), and history as well as the enrichment studies of foreign languages (Spanish & Latin), music art, and drama. In addition, we have programs for some special needs students.

Achieving academic excellence and athletic prowess are important aspects of education for your child and Harvest Preparatory School offers your child both. But by far the most important part of a student's education at HPS is our emphasis on maintaining a Christ-centered atmosphere.

Our Christian emphasis and chapel services alone set Harvest Prep apart from many other schools. All of our curricula are Christ-centered and are presented with a Christian worldview through scripture integration, devotions, weekly chapels and Bible courses. Our student body is made up of over 70 different area churches and we encourage each student to be involved at their home church.

We are very proud of our 145,000 square feet of facilities, which is located on 84 acres of land on the east side of Columbus. Our students are able to utilize these facilities which allow for quality classrooms and labs, after school activities, a state-of-the-art gymnasium with four full-sized basketball courts and a pro-turf football and soccer field and all-weather track, just to name a few!

It is our desire to educate students who will make a positive difference in their world and seek excellence in our academic and extracurricular programs.

STATEMENT OF FAITH

We believe that the Holy Scriptures are inspired by the Holy Spirit, infallible, and God's revealed word to man. We believe in the inspiration of the Bible, equally in all parts and without error in its origin.

We believe that Scripture teaches that there is only one true and living God who has chosen to reveal Himself as Father, Son, and the Holy Ghost. We believe in the one God, eternally existent Father, Son and Holy Ghost, who created man by a direct immediate act.

We believe in the fall of man and that man is a sinful being in need of redemption.

We believe in the virgin birth of Jesus Christ, that He is the Son of God and the Son of Man. That He came to save men from the condemnation of sin by offering His blood as atonement and by making it available to all who exercise faith in Him. We believe in the pre-existence, incarnation, virgin birth, sinless life, miracles, substitutionary death, bodily resurrection, ascension to heaven and second coming of the Lord Jesus Christ.

We believe that for salvation of lost and sinful man, regeneration by the operation of the Holy Spirit on the basis of grace is absolutely essential.

We believe the Scriptures ascribe to the Holy Spirit the acts and attributes of an intelligent being, and that the works of God are ascribed to the Holy Spirit: creation, inspiration, giving of life, and sanctification.

We believe in the sanctifying power of the Holy Spirit by whose indwelling the Christian is enabled to live a holy life. We believe in the spiritual relationship of all believers in the Lord Jesus Christ, living a life of righteous works, living separated from the world, witnessing of his saving grace through the ministry of the Holy Spirit.

We believe that the baptism in the Holy Spirit, according to Acts 2:4, is given to believers who ask for it.

We believe that the redemptive work of Christ on the cross provides healing of the human body in answer to the believing prayer.

We believe that all mankind is subject to the death of the body as a result of original sin; the soul does not die, but immediately after death, enters into a conscious state of happiness or misery according to the character here possessed by acceptance or rejection of the Savior.

We believe in the bodily resurrection of, both, the saved and the lost, the saved to everlasting life and the lost without Christ to everlasting damnation.

We believe in the personal, imminent return of our Lord and Savior Jesus Christ.

INTRODUCTION

Interscholastic athletics play a vital role in educational program of The Harvest Preparatory School. It is our goal to hire competent individuals to lead our sports program. Everyone works to develop a competitive team, but more importantly, strive to develop a relationship with Christ, sportsmanship, integrity, respect for others, and a desire to give their best effort.

The athletic program includes the following sports:

Girls – cheerleading, soccer, volleyball, basketball, track & softball

Boys – football, soccer, basketball, track, and baseball.

*Sports offered are based on enrollment, student interest, and availability of coaches

MISSION STATEMENT

The Harvest Preparatory Athletic Program, grades 7-12, should provide a variety of experiences to aid in the development of favorable habits and attitudes in students that will prepare them for adult life in a democratic society.

The interscholastic athletic program shall be conducted in accordance with existing OHSAA and Board of Education policies, rules and regulations. While the Board of Education takes great pride in winning, it does not condone “winning at any cost!” and discourages any and all pressures that might tend to neglect good sportsmanship and a Christ-centered atmosphere. At all times, the athletic program must be conducted in such a way as to justify it as an educational activity.

It is our desire to educate students who will make a positive difference in their world and seek excellence in our academic and extracurricular programs.

OHIO HIGH SCHOOL ATHLETIC ASSOCIATION

The objective of this association is to promote wholesome amateur athletics for Ohio high schools. In carrying out this objective, the association regulates, supervises, and administers interscholastic competition among its member schools. This will be accomplished by cooperation with all agencies concerned with the health and educational welfare of participating students. This association also determines qualifications of individual participants, coaches, and officials, provides information through literature to facilitate athletic relations among member schools, establishes standards for sportsmanship and competition, and furnishes protection against exploitation of schools or students.

REQUIREMENTS FOR PARTICIPATION

You are not eligible to participate in any sport until the following are completed:

1. Prospective athletes must meet with the athletic director and/or principal prior to the first day of participation to cover rules and regulations found in the Athletic Handbook.
2. All required documents must be completed and submitted to the Athletics Office.
3. All eligibility requirements of OHSAA Bylaw 4 must be satisfied.
4. You must be officially enrolled with the guidance office and have the proper paperwork on file.
5. Any student that is considered a transfer must be approved by the Ohio High School Athletic Association prior to participating in a scrimmage or regular season contest.

REQUIRED DOCUMENTS

1. Physical Evaluation Form with a signature from an approved physician/medical examiner (MD, DO, DC, PA, or ANP)
2. Completed HPS Athletic Packet (High School for grades 9-12; Middle School for grades 7 & 8)
 - a. OHSAA Authorization Form (Pages 5 & 6)
 - b. Emergency Medical Authorization Form
 - c. Assumption of Risk
 - d. Parental Acknowledgement of Athletic Policies
 - e. OHSAA Eligibility Checklist (all boxes must be checked)
 - f. Ohio Department of Health Concussion Information Sheet

ATHLETIC DEPARTMENT POLICIES

PARENTAL ACKNOWLEDGMENT OF ATHLETIC POLICIES

At the beginning of each season, a student chooses to participate in interscholastic athletics. He/she will be presented with this handbook and all necessary forms and information for participating in an athletic program.

Each parent/guardian and athlete shall read all of the material and certify that they understand all athletic department rules and regulations of Harvest Preparatory School and OHSAA. Signed documents will be placed on file in the athletic office for the current school year that indicates acceptance of these policies and guidelines.

PHYSICAL EXAMINATION

OHSAA physical examination forms for all participants shall be signed by a physician, the participant, and by a parent or legal guardian, and must be on file in the athletic director's office before any candidate may participate in any way. These forms necessitate the physician's certification of the individual's physical fitness no less than once each school year. Students are encouraged to get their physicals during the summer months. Physicals expire at the end of one year from the date of examination.

ELIGIBILITY

To be eligible to participate in interscholastic athletics, grades 7-12, all students will be required to meet certain standards established by the Ohio High School Athletic Association and the Harvest Preparatory School Board of Education. These standards are as follows:

A. Eligibility

To maintain eligibility for contests going from one grading period to the next, all students will be required to:

1. Be enrolled full-time in Harvest Preparatory School in accordance with all duly adopted board of education policies.
2. Pass a minimum of five classes (credits)
3. Maintain residency in Ohio

Eligibility for the fall sports is determined by grades earned the last grading period of the previous school year. Exam grades or final grades on Summer School grades do not apply. Please note, these requirements must also be met by all HPS Cheerleaders.

ELIGIBILITY FOR TRYOUTS, TRAININGS AND PRACTICES

In order to become a member or to try out for an athletic team, the following eligibility requirements must be satisfied.

- The student athlete must be enrolled and eligible for participation in interscholastic athletics
- Student athletes are required to have passed a physical examination by a medical doctor, and the record of the examination along with all completed required paperwork must be on file with the Athletic Director.
- Any student athlete who has been suspended for all or part of the tryout period, cannot try out for a team. The student athlete may request a “special tryout”, if such a request is approved by the Principal and Athletic Director, and the student athlete meets all other eligibility requirements.
- Any student athlete deemed by the Principal and Athletic Director whose conduct or character would reflect discredit upon the school is ineligible.
- The student athlete must meet OHSAA Academic Eligibility Requirements
- A student athlete with a prolonged illness or sustained injury must have written permission from a physician to engage in athletics.
- A student athlete who has participated in any school sport will not be permitted to engage in another school sport until the season’s schedule for that sport has been completed.
- Must meet the athletic participation attendance policy

GAME DAY ELIGIBILITY

To be eligible to participate in an official HPS athletic contest, the student-athlete must:

1. Have passed 5 credits towards graduation in the previous grading period
2. Be enrolled in at least 5 credits towards graduation in the participating grading period
3. Must have all required documents completed and submitted to the athletics office (all documents must be current; expired documents will not be accepted).
4. Must meet the athletic participation attendance policy.
5. Must qualify based on performance and selection during the specified tryout dates.
6. Must have attended the mandatory Pre-Season Parents Meeting for each sports season in which the student-athlete will be participating.

ATHLETIC PARTICIPATION ATTENDANCE POLICY

Any athlete who is absent on the day of an event or the day before when an event is on a Saturday, will not be permitted to participate regardless if the absence is excused or unexcused. A student must be in school for one-half day on the date the event is to be played, unless there is a school related reason. Students who have been suspended out of school or expelled, may not participate during the suspension.

Only the Principal can grant permission for participation when a student is absent from school for more than half of the day with the exception of suspensions and expulsions. Half of the school day is defined as the following:

- Beginning of 1st Period through 11:30 AM or
- 11:30 AM to the regularly scheduled completion of the school day.

MID-STATE LEAGUE ATTENDANCE POLICY

Student athletes must be in school for the entire school day on the next school day following any league or non-league athletic contest (scrimmages, previews, regular season games, post-season). If the student athlete is not in school, the absence must be excused before the student-athlete will be permitted to participate in another athletic contest.

OHIO HIGH SCHOOL ATHLETIC ASSOCIATION (OHSAA) ACADEMIC REQUIREMENTS

A. Bylaw 4-4-1 – High School Academic Eligibility

In order to be eligible in grades 9-12, a student must be currently enrolled and must have been enrolled in school the immediately preceding grading period. For the purpose of this Bylaw 4, Section 4, the term “grading period” is defined as the school’s Board-adopted calendar (e.g., six week, nine week, 12 week or semester) and does not mean an interim marking period. Furthermore, during the preceding grading period, the student must have received passing grades in a minimum of five (5) one-credit courses or the equivalent, each of which counts toward graduation. For the purpose of this bylaw, the term “immediately preceding grading period” refers to the grading period of the school which immediately precedes the grading period in question.

B. Bylaw 4-4-4 – 1st Quarter (9th Grade)

A student enrolled in the first grading period after advancement from the eighth grade must have passed a minimum of five of all subjects carried the immediately preceding grading period in which the student was enrolled.

C. Bylaw 4-4-5 – Middle School Academic Eligibility

A student enrolling in the seventh grade for the first time will be eligible for the first grading period regardless of previous academic achievement. Thereafter, in order to be eligible, a student in grade 7 or 8 must be currently enrolled and must have been enrolled in school the immediately preceding grading period and received passing grades during that grading period in a minimum of five of those subjects in which the student received grades.

D. Bylaw 4-4-7 – Summer School

Summer school and other educational options may not be used to bring a student into compliance with Bylaws 4-4-1, 4-4-4, or 4-4-5.

OTHER OHSAA BYLAWS TO NOTE:

A. Bylaw 4-2-1, 4-2-2 & 4-2-3 – Age Limitation

Once a student attains the age of 20, the student will no longer be eligible for interscholastic athletic competition notwithstanding where the 20th birthday falls in relation to the sports season.

If a student enrolled in grade 7 or 8 attains the age of 15 before August 1, the student shall be ineligible to participate in 7th & 8th grade interscholastic athletics for the school year commencing in that calendar year.

A student may become eligible for high school athletics when the student attains the fifteenth birthday before August 1, or when the student attains ninth grade standing. The student is eligible at the school where the student is expected to enroll at the ninth grade level.

B. Bylaw 4-3-3 & 4-3-4 – Number of Semesters of Eligibility

After a student completes the eighth grade, or is otherwise eligible for high school athletics pursuant to Bylaw 4-2-3, the student may be eligible for a period not to exceed eight semesters taken in order of attendance, whether the student participates or not. A student in grade 7 or 8 who attains the age of 15 before August 1 shall be eligible only at the high school level for a period not to exceed eight semesters taken in order of attendance, whether the student participates or not.

After a student completes the sixth grade and before the student enters the ninth grade, the student may be eligible for a period not to exceed four semesters taken in order of attendance, whether the student participates or not.

C. Bylaw 4-7-2 – Transfers

A student is considered to have transferred whenever a) enrollment is changed from one school to another school, or b) the student participates in a practice, scrimmage or contest with a school-sponsored squad of a school in which the student has not been enrolled. If a student transfers at any time after the fifth day of the student's ninth grade year or after having established eligibility prior to the start of school by playing in a contest (scrimmage, preview/jamboree, Foundation game or regular season/tournament contest), until the one-year anniversary of the date of enrollment in the school to which the student transferred, the student shall be ineligible for all contests (including all scrimmages, preview/jamboree/Foundation games) until after the first 50 percent of the maximum allowable regular season contests in those sports in which the student participated during the 12 months immediately preceding this transfer have been completed.

CODE OF CONDUCT – 12 MONTH RULE

All athletes shall abide by a code of conduct in which will earn him/her the honor and respect that participation and competition in the interscholastic program affords. Any conduct that results in dishonor to the athlete, the team or the school will not be tolerated. Acts of unacceptable conduct such as, but not limited to, theft, vandalism, hazing, disrespect, immorality, drinking, and smoking, use of performance enhancing drugs or violations of the law tarnish the reputation of everyone associated with the athletic programs and will not be tolerated.

This code shall be in effect for 12 months a year, 24 hours a day for those who are participating. If you make the team and quit, the code still applies. The code of conduct applies for one calendar year after the conclusion of the last sports season in which the athlete participated.

HAZING

No employee shall encourage, permit, condone, or tolerate any hazing activities and no student including leaders of student organizations shall encourage or engage in any act of hazing. Finally, adults who are volunteering their services to students as chaperones are also responsible for enforcing this policy.

For the purposes of this policy, **hazing is defined as an activity which recklessly or intentionally endangers the mental or physical health or safety of a student for the purpose of initiation or admission into or affiliation with any organization sanctioned or authorized by the School Board.**

“Endanger the physical health” shall include, but is not limited to, any brutality of a physical nature, such as:

- whipping;
- beating;
- branding;
- forced calisthenics;
- exposure to the elements;
- forced consumption of any food, alcoholic beverage, drug or controlled dangerous substance;
- any forced physical activity which could adversely affect the physical health or safety of the individual.

“Endanger the mental health” shall include any activity, except those activities authorized by law, which would subject the individual to extreme mental stress, such as:

- prolonged sleep deprivation,
- forced prolonged exclusion from social contact which could result in extreme embarrassment,
- or any other forced activity which could adversely affect the mental health or dignity of the individual.

Examples of behavior that could be considered hazing include being forced to:

1. Destroy or steal property.
2. Be tied up, taped or confined in a small space.
3. Be paddled, whipped, beaten, kicked or beat up others.
4. Do embarrassing, painful or dangerous acts.
5. Be kidnapped or transported and abandoned.
6. Consume spicy or disgusting concoctions.
7. Be deprived of sleep, food or hygiene.
8. Engage in or simulate sexual acts.
9. Participate in drinking contests.
10. Being tattooed or pierced

INDIVIDUAL SPORT RULE

Coaches may establish additional rules and regulations for their respective sports. Penalties will be designated/handled by the respective head coaches.

CHANGING SPORTS/SAME SEASON

Once an athlete attends the first five (5) days of practice of a sport (i.e., football), he/she may not quit and try out for another sport (i.e., cross-country) that is being conducted simultaneously, unless the two coaches and parents mutually agree to the change. If an athlete is cut from the squad, he/she may participate in a second sport.

FINANCIAL OBLIGATIONS AND EQUIPMENT

Equipment – All athletes are responsible for the proper care and security of equipment issued to them. School furnished equipment/uniforms are to be worn for contests and practices only. All equipment/uniforms not returned in good condition at the end of the season will subject the student and/or parent, or legal guardian to a financial penalty.

Only uniforms issued and/or approved by the athletic direction will be permitted to be worn for contests.

VACATIONS POLICY

Vacations during an athlete's season are discouraged! However, if a vacation is unavoidable:

- A. Contact head coach prior to the vacation.
- B. An athlete must participate one day for each practice or contest day missed prior to resuming competition (contest day will count as a practice day).
- C. Be willing to assume the consequences related to your participation.

TRAVEL

- A. All athletes must travel together to and from away athletic contests when the HPS athletic department provides transportation.
- B. Athletes will remain with their squad and under the supervision of the coach when attending away contests.
- C. **Athletes who miss the bus will not be allowed to participate in the contest.** The bus will leave at the scheduled departure time. If the athlete is late to the bus, the bus will not wait. If there are extenuating circumstances involved that caused the athlete to miss the bus, the coach may allow the athlete to play only if the athlete's parent/guardian transports him/her to the contest. The final decision is up to the coach.
- D. All regular school bus rules will be in effect. Including rules pertaining to food, noise, remaining in seats, care and respect for equipment.

TRAVEL RELEASE – 24 Hour Advance for Approval

Under certain circumstances where it creates an inconvenience to the family, athletes may be excused from either riding to or from an athletic event on school authorized transportation. This privilege is to be kept to a minimum since our philosophy continues to be that an athlete is part of a team in all phases of team activity.

To ride on private transportation:

- A. A travel release must be presented by the athlete.
- B. Parents must make arrangements with the athletic director, in advance of the trip, by having the approved travel release form on file in the athletic director's office on the day of the trip.
- C. The athlete will be released to the parent(s) or legal guardian by the coach.
- D. Athletes will not be allowed to ride home with a student.

***Alternate Transportation Forms will NOT be accepted on the day of the event.**

CONFLICTS IN SCHOOL-SPONSORED EXTRACURRICULAR ACTIVITIES

An individual who attempts to participate in too many extracurricular activities will, undoubtedly, be in a position to have a conflict of obligations. Students need to be cautious about participating in too many activities where conflicts might occur.

When conflicts do arise, the coach and sponsor of the activity will get together and try to work out a solution so that the student does not feel caught in the middle. If a conflict cannot be resolved, the principal will make the decisions based on the following:

- A. Parents and students identify the priority for the activities.

Once the decision has been made and the student follows that decision, he/she will not be penalized in any way by the coach or faculty sponsor. If it becomes obvious that a student cannot fulfill the obligations of both school activities, he/she should withdraw from one.

CONFLICTS IN NON-SCHOOL-SPONSORED SPORTS

Student athletes participating in non-school-sponsored sports along with school sports are to treat the school sport as the primary priority. Involvement in a non-school-sponsored sport should never conflict with a school sport. In the event that it does conflict, the student athlete will face penalties ranging from decreased playing time and game suspensions to permanent removal from the school sport.

RISK OF PARTICIPATION

All athletes and parents must realize the risk of serious injury, which may be the result of athletic participation. HPS will use the following safeguards to make every effort to eliminate injury:

- A. Use only state certified coaches.
- B. Instruct all athletes about the possible dangers of participation in a particular sport.
- C. Provide an on-site training.

INSURANCE

HPS does not maintain accident or health insurance coverage for each of its athletes participating in interscholastic athletics. It is the responsibility and a requirement of the parents to maintain an active accident and health policy while their child is participating in sports. However, HPS does offer a supplemental accident insurance policy at the beginning of each school year to all students. Information on this policy can be obtained from the school Administration office or athletic director.

TRYOUTS

- A. Once students are enrolled in school, students can try out for the team. However, they will not be permitted to participate in any contest until all enrollment documents have been completed and all academic and other pertinent records have been received from their previous school.
- B. Students can “go out” for a non-cut sport after the season starts at the discretion of the coach. In sports that cut, no new or current students will be considered after the designated tryout period.
- C. Should a student be sick or injured during a try out period, that student may have a delayed try out at the discretion of the coach.

OPEN GYMS/FIELDS/COURTS, ETC.

- A. All open gyms/fields/courts, etc. must follow the guidelines of OHSAA. Refer to OHSAA Handbook: Sports Regulations rule #6.
- B. In-season athletes (OHSAA sponsored sports) shall not be permitted to attend an open gym/field, court, etc. held by a coach of an out of season school sport.

PARTICIPATION ON INDEPENDENT TEAMS GENERAL SPORTS REGULATIONS 4.3

Participation by an athlete in a non-interscholastic program while he/she is a member of the school team in the same sports is prohibited. Penalty for violation is ineligibility for the remainder of that season. 4.5 allow athletes to try out for, practice, and compete in non-interscholastic programs prior to and after the school season, during the school year, under the following conditions:

- A. The number of players from the same school squad roster is limited, as follows: soccer-5; baseball/softball-4; volleyball-3; basketball-2. football squad members are prohibited from non-interscholastic participation. This rule is not in effect from June 1 – July 31.
- B. An athlete may have participation contact with the school coaching staff in a non-interscholastic program except from June 1 – July 31.
- C. Penalty for violation of out-of-season regulations (except a senior) is ineligibility for the ensuing season. For a senior, the penalty is ineligibility for all sports for the remainder of the school year.

VARSIITY LETTER REQUIREMENTS

Criteria that pertains to all sports

- A. An athlete must complete the season in good standing with the school and coach.
- B. An athlete who moves from one level of competition to another will letter at the level of highest competition provided meeting combined requirements.
- C. A coach will have the prerogative to letter a senior who has not met the seasonal requirements for lettering.
- D. Injury rule – Any athlete who is starter or plays regularly and was thereafter injured may be awarded a letter if, in the coach’s judgment, he would have met the lettering requirements.
- E. In a sport where OHSAA tournament play is sponsored, an athlete may letter if they become a starter and play 75% of the quarters, innings, matches, or score team points in individual competition in tournament play regardless of other lettering criteria.

1. Baseball/Softball

A player needs to participate in one-half of all innings played, or pinch-hit or pinch-run in three-fourths of all games played, or be a pitcher with at least four starts or six appearances in games, and/or with one tournament game.

2. Track – boys and girls

An athlete must meet one of the following:

- a) average one point per meet
- b) score in the Mid-State meet with 8 teams (excluded relays)
- c) Meet one of the following standards during regular scheduled meet on varsity schedule.

<u>Boys Events</u>	<u>Standard</u>	<u>Girls Events</u>	<u>Standard</u>
110 Hurdles	16.5	100 Hurdles	18.5
100	11.5	100	13.9
1600	4:50	1600	6:29
400	53.0	400	72.5
300 Hurdles	44.0	300 Hurdles	55.0
800	2:08	800	2:51
3200	10:40	3200	14:15
200	23.4	200	29.0
Pole Vault	10'	Pole Vault	7' 6"
High Jump	5' 10"	High Jump	4' 8"
Long Jump	19' 0"	Long Jump	13' 6"
Shot Put	43'	Shot Put	27"
Discus	115'	Discus	80'

3. Basketball – boys and girls

- a) Athletes must participate in 50% of the quarters of the regular scheduled games.
- b) Athletes brought up to the varsity squad for tournament play only, WILL NOT be awarded a varsity letter unless previously earned.

4. Football

- a) An athlete must play in at least one-half of the total number of regular season quarters.
- b) A player must play two consecutive plays to receive credit for a quarter.
- c) An athlete who plays a key position (i.e., punter, kick-off specialist, return man, extra-point kicker) in 50% of the regular season contests.

5. Soccer

- a) An athlete must participate in 50% of the halves of the regular scheduled games.
- b) Athletes brought up to varsity squad for tournament play only WILL NOT be awarded a varsity letter unless previously earned.

6. Volleyball

An athlete must participate in 50% of the games played.

7. Statisticians

All students who manage at both practice and contests satisfactorily for the entire sports season is entitled to the appropriate awards for that sport. To earn a varsity jacket, he must be a manager in two sports on the varsity level or earn two awards in the same sport, one of which must be at the varsity level.

8. Managers

Any student who manages at both practice and contests satisfactorily for the entire sports season is entitled to the appropriate awards for that sport. To earn a varsity jacket, he must be a manager in two sports on the varsity level or earn two awards in the same sport, one of which must be at the varsity level.

9. Cheerleaders

HPS Sponsors varsity, reserve, freshman, and junior high cheerleading teams for fall and winter sports. Each team consists of students selected on the basis of personality, appearance, voice, and physical ability to perform cheerleading routines.

Cheerleaders are considered the same as an athlete and therefore, are required to adhere to all rules and regulations of the athletic department. The cheerleader awards will parallel the regular athletes awards system and will be made only upon the recommendation of the coach.

All persons selected to respective squads must complete the season and have met 75% of contest and practice requirements.

10. Wrestling

An athlete must score a combined total of thirty team points and team points saved during the season in varsity competition. In tournaments, points for advancement, quality of match and placement shall be awarded according to the Nation Federation Rule Book.

11. THE HEAD COACH HAS THE FINAL SAY IN THE AWARDING OF ANY SCHOOL HONORS.

AWARDS

Two school issued awards will be awarded by the Head Coach and Athletic Department to each high school team. The two awards include the following:

Jack Johnson Coaches' Award:

The coach's award is an award given to the player who demonstrates the most leadership, team spirit, and skill throughout the season. This person is chosen by the coach and approved by the Athletic Director.

Rod Parsley Sportsmanship Award

The Rod Parsley Sportsmanship award is an award given to the athlete of each sports team who best exemplifies the attributes of character, integrity, and sportsmanship. The athlete can be of any grade level on your varsity team. The athlete does not need to be a starter. In selecting the athlete from your team, please consider the following characteristics:

Team focus – Should be unselfish and committed to the team over individual performance. He or she should be willing to help out in any way that benefits the team and its members.

Attitude – Should have a positive attitude.

Role model – Should be a positive role model for athletes on your team—and in the junior high program (if one exists).

Sportsmanship – Should display good sportsmanship and respect to officials and opposing teams, even in the face of adverse outcomes. Likewise, the athlete should demonstrate cooperation and respect in dealing with his or her coaches and teammates.

Integrity – Should be committed to doing what's right.

A. OHSAA bylaw 5-1-1: Any awards for participation in interscholastic athletics, which may be accepted by the student from any source, shall consist of those items, which do not exceed \$200.00 per award.

B. Individual Varsity Awards

1. **Football:** most valuable, back of the year, lineman of the year, most improved, top offensive and top defensive player.
2. **Basketball:** most valuable player, outstanding defensive player, most rebounds in a season, most improved player and best free throw percentage.
3. **Wrestling:** most valuable wrestler, most improved wrestler, most take downs, most falls.
4. **Soccer:** most valuable player, most sportsmanlike player, most improved player, best offense and best defense.
5. **Cross Country, Volleyball, Golf, Baseball, Softball and Track:** most valuable player, most improved player, other awards as determined by the athletic director upon recommendation of the coach.

C. Non-letter Varsity

All members of a varsity athletic squad who successfully complete an athletic season, but have not earned ample points for a varsity letter are to be given a participation certificate.

All members of reserve athletic squads, who successfully complete an athletic season in a particular sport, are to be awarded an award certificate. Second year reserve award will be a certificate.

D. Any Student who has participated for four years will receive a varsity letter regardless of playing time.

E. Athletic Achievement

The HPS Athletic Department will honor athletes or teams that have distinguished themselves athletically while attending either high school or college, etc. The procedure for recognition of outstanding achievement in athletics will be outlined in one of the three following ways:

Team State Championships

All Teams earning an OHSAA State Championship will have a team panel picture displayed outside of Bradley Hall.

Individual State Championships

All individuals earning an OHSAA State Championship will have their own banner (1) displayed in The Cave recognizing their State Championship(s).

Hall of Fame

The ultimate honor to be bestowed upon a HPS athlete shall be election to the Hall of Fame. An 8 x 10 color picture and a listing of his/her accomplishments shall be mounted in an appropriate area as determined by the administration.

a) Method of Selection:

- 1) The chairman of the athletic board shall bi-annually appoint, at the September meeting, a nominating committee composed of the high school athletic director, an administrator, head boys' coach, head girls' coach, and a community representative.
- 2) The nominating committee shall present their list of nominees at the March meeting to be voted upon by the athletic board at the May meeting.
- 3) Nominees must receive a $\frac{3}{4}$ vote of those in attendance for induction into the Hall of Fame.

b) Criteria for Nomination

- 1) An Athletic candidate shall not be considered for the Hall of Fame until five (5) years after graduation from HPS.
- 2) An athlete that accomplishes athletic goals that is above and beyond the normal standards of obtaining recognition for themselves and the school. For example:
 - Could include establishing individual school, state or national records or championships.
 - Election to All-State team honors or qualifying as an individual in state meets
 - Be recognized as an all-around athlete in high school in more than one sport, while attaining several All-Conference team selections, while leading teams to the league championships.
- 3) An athlete not so honored for high school achievements, but who participates in college and gains honors at this level or beyond, may be considered by the athletic board for the Hall of Fame.
- 4) A former coach or school person who has contributed to the success of HPS athletics over a period of years may be considered as a candidate to the Hall of Fame.

After selection to the Hall of Fame, the new members will be inducted the following year at ceremonies held during the homecoming game, alternating between football and basketball. Each honoree will be presented a Hall of Fame plaque during the induction ceremony.

The Paradoxical Commandments of Leadership

by Dr. Kent M. Keith

People are illogical, unreasonable, and self-centered.

Love them anyway.

If you do good, people will accuse you of selfish ulterior motives.

Do good anyway.

If you are successful, you will win false friends and true enemies.

Succeed anyway.

The good you do today will be forgotten tomorrow.

Do good anyway.

Honesty and frankness make you vulnerable.

Be honest and frank anyway.

The biggest men and women with the biggest ideas can be shot down by the smallest men and women with the smallest minds.

Think big anyway.

People favor underdogs but follow only top dogs.

Fight for a few underdogs anyway.

What you spend years building may be destroyed overnight.

Build anyway.

People really need help but may attack you if you do help them.

Help people anyway.

Give the world the best you have and you'll get kicked in the teeth.

Give the world the best you have anyway.

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